



## Sea to Summit

A true challenge for those who want to push their limits to the next level

DURATION

16 days

DIFFICULTY

Moderate  
to Advanced

### ITINERARY

DAY

**01**

**Arrival (Friday) / Night in Quito** [2.800 m / 9,186 ft]



**Activity:** Transfer in



**Accommodation:** In Quito, Vieja Cuba or similar

DAY

**02**

**Day in Quito / Try the bikes - Night in Quito**



**Activity:** Free day in Quito / Try bikes on



**Accommodation:** In Quito, Vieja Cuba or similar



**Meals:** Breakfast

DAY

**03**

**Pasochoa Hike** [4.200 m / 13,780 ft] - Night in Quito



**Activity:** 5 hours walking up and down Pasochoa



**Accommodation:** In Quito, Vieja Cuba or similar



**Transportation:** Short transfer on private van or jeep



**Meals:** Breakfast, Lunch

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DAY

**04**

## Pichincha Hike [4.700 m / 15,420 ft] - Night camping at 4.000 m / 13,123 ft



**Activity:** 4 hours walking up and down Guagua Pichincha



**Accommodation:** Camping



**Transportation:** Short transfer on private van or jeep



**Meals:** Breakfast, Lunch, Dinner

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DAY

**05**

## Fly to Guayaquil and transfer to the beach - Night in Playas



**Activity:** Transfer and flight to Guayaquil, and transfer to Playas



**Accommodation:** Hotel in Playas



**Transportation:** Plane and private transfers



**Meals:** Breakfast, Lunch, Dinner

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DAY

**06**

## Biking from Playas to Guayaquil



**Activity:** 5 hours bike ride from Playas to Guayaquil



**Accommodation:** Hotel in Guayaquil



**Transportation:** Bicycles



**Meals:** Breakfast, Lunch, Dinner

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DAY

**07**

## Biking Guayaquil - Balsapamba



**Activity:** 5-8 hours bike ride from to Guayaquil to Balsapamba



**Accommodation:** Basic hotel in Balsapamba



**Transportation:** Bicycles



**Meals:** Breakfast, Lunch, Dinner

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DAY

**08**

### Biking Balsapamba - Guaranda [2.600 m / 8,530 ft]



**Activity:** 5-8 hours bike ride from Balsapamba to Guaranda



**Accommodation:** Hotel in Guaranda



**Transportation:** Bicycles



**Meals:** Breakfast, Lunch, Dinner

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DAY

**09**

### Biking Guaranda - Chimborazo Lodge [4.000 m / 13,123 ft]



**Activity:** 5-8 hours bike ride from Guaranda to Chimborazo Lodge



**Accommodation:** Chimborazo Lodge



**Transportation:** Bicycles



**Meals:** Breakfast, Lunch, Dinner

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DAY

**10**

### Rest day at Chimborazo Lodge [4.000 m / 13,123 ft]



**Activity:** Rest day at Chimborazo Lodge



**Accommodation:** Chimborazo Lodge



**Meals:** Breakfast, Lunch, Dinner

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DAY

**11**

### Acclimatisation hike [5.000 m / 16,404 ft] - Chimborazo Lodge



**Activity:** Acclimatization hike to 5.000m/16,400ft



**Accommodation:** Chimborazo Lodge



**Meals:** Breakfast, Lunch, Dinner

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DAY

**12**

### Acclimatization hike to Carrel Refuge [4.800 m / 15,748 ft] - Night at the hut



**Activity:** Hike to the Carrel hut 4.800m/15,700 ft



**Accommodation:** Carrel Refuge




**Meals:** Breakfast, Lunch, Dinner

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DAY

## 13 Climb Chimborazo [6.310 m / 20,192 ft]

 **Activity:** Climb Chimborazo


 **Accommodation:** Camp or Whympers Refuge

 **Meals:** Breakfast, Lunch

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DAY

## 14 Climb Chimborazo summit day #1 [6.310 m / 20,192 ft]

 **Activity:** Climb Chimborazo

 **Accommodation:** Camp or Whympers Refuge

 **Meals:** Breakfast, Lunch


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DAY

## 15 Climb Chimborazo summit day # 2 / Return to Quito

 **Activity:** Climb Chimborazo / Drive back to Quito

 **Accommodation:** Hotel in Quito


 **Transportation:** 4 hour transfer on private van or jeep

 **Meals:** Breakfast, Lunch

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DAY

## 16 Fly out (Saturday)

 **Transportation:** Transfer out to airport

 **Meals:** Breakfast

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**Important:** Please note that this itinerary is a guideline only. Although every effort will be made to adhere to it, unforeseen circumstances (such as fitness of participants) may force us to make changes at the last moment. Please be prepared to be flexible if necessary.

## Got Questions?

Please feel free to contact us at:

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