



## CLIMBING EXCURSIONS GEAR LIST



We understand how important it is for our clients to have the right equipment on their trips. That is why we provide you with this **Climbing Excursions Gear List**, which gives you a detailed inventory of all the items you will need during your excursion.

We recommend to always purchase quality equipment. We realize that this may be expensive, but it can mean the difference between reaching a summit and not. Some (technical) equipment can be provided by Andeanface (as indicated below); please let us know beforehand if you bring these items yourself or if you would like to use Andeanface's gear.

### FEET

- Outer socks, thick wool - 1 pair
- Inner socks, thin silk or polypropylene - 1 pair
- Plastic double mountaineering boots - 1 pair (provided by Andeanface if required)
- Gaiters -1 pair

### UPPER BODY

- Lightweight polypropylene - 1
- Fleece pullover - 1
- Breathable windproof outer jacket, such as GORE-TEX®, with hood - 1
- Light down jacket - 1

### LOWER BODY

- Polypropylene underpants -1 pair
- Fleece trousers or other warm layer -1 pair
- Breathable windproof pants such as GORE-TEX® -1 pair

### HANDS

- GORE-TEX® Mittens - 1 pair
- Gloves, polypropylene or capilene - 1 pair
- Fleece gloves or other warm material - 1 pair



**Climbing**  
EXCURSIONS



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## HEAD

- Balaclava - 1
- Baseball cap - 1
- Buff or similar - 1

## SLEEPING GEAR

- Down or Polarguard sleeping bag comfortable to minus 10 Celsius -1

## PACK

- Backpack - large (50+ litres) -1

## TECHNICAL EQUIPMENT

- Ice axe / 70 cm - 1 (provided by Andeanface if required)
- Crampons / 12 points - 1 pair (provided by Andeanface if required)
- Ski poles - 1 pair (optional)
- Climbing harness - 1 (provided by Andeanface if required)
- Climbing helmet - 1 (provided by Andeanface if required)

## PERSONALS

- Head lamp including set of batteries - 1
- Extra batteries -1 set
- Sunglasses for glaciers with side protection - 1 pair
- Sunscreen - 1
- Lip protection - 1
- Mole skin, tape, throat lozenges
- Pocket knife - 1
- Water bottles - 2
- Thermos / 1 quart capacity - 1

## OPTIONALS (take most of these items to refuges only)

- Camera, batteries and memory cards
- Mobile Phone
- Earplugs (for noisy huts)
- Some of your favourite lunch treat or energy bar (Andeanface provides full lunches)