



TREKKING EXCURSIONS GEAR LIST



We understand how important it is for our clients to have the right equipment on their trips. That is why we provide you with this **Trekking Excursions Gear List**, which gives you a detailed inventory of all the items you will need during your excursion.

We recommend to always purchase quality equipment. We realize that this may be expensive, but it can mean the difference between reaching a summit and not.

FEET

- Outer socks, thick wool - 1 pair
- Inner socks, thin silk or polypropylene - 1 pair
- Hiking boots or shoes - 1 pair

UPPER BODY

- Lightweight polypropylene - 1
- Fleece pullover- 1
- Breathable rainproof outer jacket, such as GORE-TEX®, with hood - 1

LOWER BODY

- Hiking pants - 1 pair
- Breathable windproof pants such as GORE-TEX® - 1 pair

HANDS

- Gloves - 1 pair

HEAD

- Balaclava - 1
- Baseball cap - 1
- Buff or similar - 1



Trekking
EXCURSIONS

PERSONALS

- Daypack - 1
- Head lamp or torch including set of batteries - 1
- Extra batteries - 1 set
- Trekking poles (optional) - 1 pair
- Sun glasses - 1 pair
- Sun screen - 1
- Lip protection - 1
- Pocket knife - 1
- Water bottles - 2



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OPTIONALS

- Camera, batteries and memory cards
- Some of your favourite lunch treat or energy bar (Andeanface provides full lunches)

Got Questions?
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